

YORA NEWSLETTER

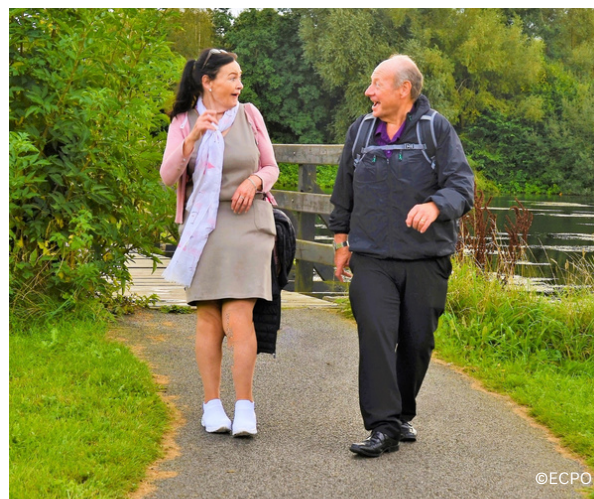
Welcome to the **Autumn 2026** YORA newsletter!
Catch up on useful resources, upcoming events and opportunities.

UPCOMING EVENTS

- **14/09/2026:** PACC Training - Obesity and Overweight (Including GLP 1) (online, free).
- **16/09/2026:** UKCO 2026 Sheffield Public Event- Unpicking the Blame Game: Reducing Weight Stigma with Novel Approaches to Obesity Management (in person, free).
- **16/09/2026:** GLP-1 drugs and obesity: research and perspectives from Yorkshire (in person, free).
- **17-18/09/2026:** UK Congress on Obesity (UKCO) 2026 (in person, paid).
- **22/09/2026:** Using Simulation Modelling to Inform Public Health Policies (online webinar, free).
- **24-25/09/2026:** EASO COMs Summit 2026. Registration and abstract submissions open (in person, paid).
- **25/10/2026:** Global Obesity Forum
- **7-9/12/2026:** The 2026 EASO Masterclasses: Zagreb, Croatia (in person, paid). Deadline for application: 16/10/2026.
- **18-21/05/2027:** The 34th European Congress on Obesity (in person, paid).

OPPORTUNITIES

- Early independence: career development fellowship (closing date 15/09/2026)
- UK Obesity Research Institute: full application (closing date 19/09/2026)
- NIHR NICE rolling funding opportunity (closing date 19/11/2026)



USEFUL RESOURCES

PUBLICATIONS:

- Nutritional, Functional and Psychological Considerations for Obesity Management Medications in Adults – An EASO, EFAD and ECPO Consensus Statement (Jul, 2026).
- Adherence to the Eatwell Guide and associations with markers of adiposity: a prospective analysis within the UK Biobank cohort: Epidemiology and Population Health (Aug, 2026)
- Complications from Excess Weight services for children and young people: commissioning toolkit (Aug, 2026)

E-LEARNING:

- EASO 5-Minute Continuing Professional Development (CPD)e-learning modules

CONTACT US

For more information please see our [Website](#), [LinkedIn](#) or [BlueSky](#). Get in contact with the programme coordinators by emailing: [Karina Kinsella](#), [Stephanie Beecroft](#), [Kaydee Shepherd](#) and [Daisy Forman](#).

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