



Welcome to the **Summer 2026** YORA newsletter!
Catch up on useful resources, upcoming events
and opportunities.

USEFUL RESOURCES

- **PUBLICATION:** "It's the biggest not one-size-fits-all service I've ever worked in": The realities of delivering a 'Complications of Excess Weight' service for children and young people in England from a multidisciplinary team perspective (April, 2026)
- **PUBLICATION:** Exploring the Role of Social Supermarkets in Addressing Food Insecurity and Food Waste: A Scoping Review. (April, 2026)
- **BLOG:** Understanding Eating Difficulties in Higher-Weight Children: Kaydee's Work on an International Stage. (April, 2026)
- **PUBLICATION:** Complex problems, local solutions: Understanding systems approaches to obesity prevention in the UK (April, 2026)
- **PUBLICATION:** From policy to person-centred care: insights into the development of complications of excess weight clinics in England. (May, 2026).
- **BLOG:** ECO 2026: New Insights into the Complications of Excess Weight services for Children and Young People (May, 2026)
- **BLOG:** In conversation with... Tayamika Zabula, Health Economist. (May, 2026)

UPCOMING EVENTS AND OPPORTUNITIES

EVENTS:

- **25/06/2026 (11:00am-12:30pm):** YORA Webinar - GLP-1 Therapies - Insights from Lived Experience, Practice and Research. Register [here](#)
- **24-25/09/2026:** EASO COMs Summit 2026. Registration and abstract submissions now open. (in person, paid).
- **15-17/07/2026:** International Congress on Obesity. Registration open. (in person, paid).
- **10-12/09/2026:** Primary Care Diabetes Europe Conference. (in person, paid).
- **17-18/09/2026:** UK Congress on Obesity (UKCO) 2026. Now open for abstracts (in person, paid).

OPPORTUNITIES:

- **PhD OPPORTUNITIES:** PhD Scholarship, Sheffield Hallam University: Embedding Physical Activity into Family Hubs: A Co Designed Community Intervention for Postpartum Women. Find more information [here](#).
- **RESEARCH:** Do you have professional experience supporting people affected by binge eating disorder? This doctoral research is being conducted by Sophiia, a PhD candidate at Southampton Solent University, exploring the lived experiences of binge eating disorder. The study is seeking to recruit professionals who have experience of supporting people affected by binge eating disorder (diagnosed or self-identified) to take part in a research interview. Participants will be invited to take part in a 45–90 minute interview via MS Teams, or in a location of their choice within the Hampshire area. If you would like to find out more about this doctoral research, or are interested in participating, [please contact Sophiia](#)

CONTACT US:

For more information please see our [Website](#), [LinkedIn](#) or [BlueSky](#). Get in contact with the programme coordinators by emailing: [Karina Kinsella](#), [Stephanie Beecroft](#), [Kaydee Shepherd](#) and [Daisy Forman](#).