



Welcome to the **Spring 2026** YORA newsletter!
Catch up on useful resources, upcoming events
and opportunities.

USEFUL RESOURCES

- **PUBLICATION:** [The systems evaluation network: building capability and capacity in the use of systems science across public health.](#) (Jan 2026).
- **PUBLICATION:** [Regional differences in type 2 diabetes prevention priorities for women with previous gestational diabetes: A multi-methods consensus study.](#) (Jan, 2026).
- **PUBLICATION:** [Involving community members in designing behavioural weight management programmes: a scoping review.](#) (Feb 2026).
- **PUBLICATION:** [Towards optimal public health interventions for preventing obesity in children: a synopsis of a novel evidence synthesis.](#) (Feb, 2026).
- **PUBLICATION:** [Mapping components of behavioural weight management interventions using electronic survey and component selection by expert consensus: the BE:COME Study.](#) (Feb, 2026).
- **REPORT:** [GLP-1 drug prescriptions for obesity: Who is turning to private weight-loss treatment?.](#) (Feb 2026).

UPCOMING EVENTS AND OPPORTUNITIES

EVENTS:

- **24/04/2026:** [ECN eLearning Hub Webinar: The Italian Obesity Law as a Model for Europe.](#) (free, online)
- **12-15/05/2026:** [EASO 33rd European Congress on Obesity](#) (in person, paid)
- **17-18/09/2026:** [UK Congress on Obesity \(UKCO\) 2026.](#) Now open for abstracts (in person, paid).
- **23-25/09/2026:** [Save the date – EASO COMs Summit.](#) (in person, paid)

OPPORTUNITIES:

- **RESEARCH:** Participants wanted for a Movement & Body Composition study! For more details, contact [Dr David Lunn](#)
- **MASTERS PROGRAMMES:** INSIGHT Programme: Yorkshire and Humber Masters Studentships for 2026/27. Find more information [here](#) (applications open from 02/03/26-29/05/2026)
- **PHD OPPORTUNITIES:** Transforming Lives PhD Scholarships at Sheffield Hallam University. Find more information [here](#).
- **COLLABORATION OPPORTUNITY:** The University of Cambridge are looking to collaborate with providers of Tier 2 and Tier 3 weight management services, the NHS Diabetes Prevention Programme, Pathway to Remission, and the NHS Digital Weight Management Service. The goal is to recruit approximately 1,840 participants who have recently completed one of these interventions (~60% session completion) for a trial assessing a psychology based weight loss maintenance programme (SWiM). This trial is part of a 5-year NIHR-funded programme to evaluate SWiM's effectiveness, refine its accessibility, and explore its use for those on obesity medication or following bariatric surgery, with plans for national rollout. More information can be accessed [here](#) or contact [Dr Marie Spreckley](#) to discuss further.

CONTACT US:

For more information please see our [Website](#), [LinkedIn](#) or [BlueSky](#). Get in contact with the programme coordinators by emailing: [Karina Kinsella](#), [Stephanie Beecroft](#), [Kaydee Shepherd](#) and [Daisy Forman](#).