



USEFUL RESOURCES:

PUBLICATIONS:

- The people behind the pounds: a qualitative exploration of factors that help or hinder healthy, sustainable food purchases for people living with obesity and food insecurity in the UK. (Oct 2025).
- Recommendations for optimising physical activity after gestational diabetes: system targets. (Nov 2025).
- Behavioural weight management interventions for the treatment of obesity: network meta-analysis of trial and real-world individual participant data. (Dec 2025).
- Ultra-processed foods: time to put health before profit. (*The Lancet*). (Dec 2025).
- Economic Evaluation of NHS England's Type 2 Diabetes Path to Remission Pilot Scheme: Evidence From Real-World Data and Patient Simulation Modelling. (Dec 2025).
- The estimated impact of mandatory front-of-pack nutrition labelling policies on adult obesity prevalence and obesity-related mortality in England: a modelling study. (Jan 2026).
- **BLOG:** The European Association for the Study of Obesity (EASO) Early Career Network (ECN) Masterclass event. (Nov 2025)
- **ARTICLE:** Government announces extension of Soft Drinks Industry Levy to further reduce children's sugar intake (ASO). (Nov 2025).
- **REPORT:** Health at a Glance 2025. (Nov 2025).

UPCOMING EVENTS:

- **14/01/26:** Yorkshire Obesity Research Alliance Collaboration Clinic (online, free). Sign up [here](#).
- **20/01/2026:** ECN eLearning Hub Webinar: How to Develop and Evaluate Community Interventions on Obesity. (online, free).
- **26/02/2026:** YORA Webinar - 26th February 2026, 14:00-16:00 Food Insecurity, Inequalities and Weight Management across the North of England. Sign up [here](#).
- **3-4/03/2026:** World Obesity Day Europe Masterclass for Primary Care Practitioners (in person, paid).
- **12-15/05/2026:** EASO 33rd European Congress on Obesity (in person, paid).
- **17-18/09/2026:** UK Congress on Obesity (UKCO) 2026 (Registration and abstract submission will open soon).

CONTACT US:

For more information please see our [Website](#), [LinkedIn](#) or [BlueSky](#). Get in contact with the programme coordinators by emailing: [Karina Kinsella](#), [Stephanie Beecroft](#), [Kaydee Shepherd](#) and [Daisy Forman](#).

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UPCOMING OPPORTUNITIES:

- **FUNDING:** NIHR NICE rolling funding opportunity (PHR Programme) (call closing: 21/04/2026)
- **FUNDING:** Early action and prevention within Health and Social Care Services. (call closing 21/01/2026)
- **FUNDING:** Continuing areas of research interest to the PHR Programme. (call closing: 21/04/2026)