



Welcome to the Winter 2026 YORA newsletter, and a very Happy New Year from all of us at YORA! Don't forget to sign up and join our **YORA Collaboration Clinic** (online) on the 14th of January at 12pm.

UPCOMING EVENTS:

- **14/01/26:** Yorkshire Obesity Research Alliance Collaboration Clinic (online, free). Sign up [here](#).
- **20/01/2026:** [ECN eLearning Hub Webinar: How to Develop and Evaluate Community Interventions on Obesity](#) (online, free).
- **26/02/2026:** YORA Webinar - 26th February 2026, 14:00-16:00 Food Insecurity, Inequalities and Weight Management across the North of England. Sign up [here](#).
- **3-4/03/2026:** [World Obesity Day Europe Masterclass for Primary Care Practitioners](#) (in person, paid).
- **12-15/05/2026:** [EASO 33rd European Congress on Obesity](#) (in person, paid).
- **17-18/09/2026:** [UK Congress on Obesity \(UKCO\) 2026](#) (Registration and abstract submission will open soon).

CONTACT US:

For more information please see our [Website](#), [LinkedIn](#) or [BlueSky](#). Get in contact with the programme coordinators by emailing: [Karina Kinsella](#), [Stephanie Beecroft](#), [Kaydee Shepherd](#) and [Daisy Forman](#).

Featured images from ECPOMedia

USEFUL RESOURCES:

PUBLICATIONS:

- [The people behind the pounds: a qualitative exploration of factors that help or hinder healthy, sustainable food purchases for people living with obesity and food insecurity in the UK](#). (Oct 2025).
- [Recommendations for optimising physical activity after gestational diabetes: system targets](#). (Nov 2025).
- [Behavioural weight management interventions for the treatment of obesity: network meta-analysis of trial and real-world individual participant data](#). (Dec 2025).
- [Ultra-processed foods: time to put health before profit \(The Lancet\)](#). (Dec 2025).
- [Economic Evaluation of NHS England's Type 2 Diabetes Path to Remission Pilot Scheme: Evidence From Real-World Data and Patient Simulation Modelling](#). (Dec 2025).
- [The estimated impact of mandatory front-of-pack nutrition labelling policies on adult obesity prevalence and obesity-related mortality in England: a modelling study](#). (Jan 2026).
- **BLOG:** [The European Association for the Study of Obesity \(EASO\) Early Career Network \(ECN\) Masterclass event](#). (Nov 2025)
- **ARTICLE:** [Government announces extension of Soft Drinks Industry Levy to further reduce children's sugar intake \(ASO\)](#). (Nov 2025).
- **REPORT:** [Health at a Glance 2025](#). (Nov 2025).

UPCOMING OPPORTUNITIES:

- **FUNDING:** [NIHR NICE rolling funding opportunity \(PHR Programme\)](#). (call closing: 21/04/2026)
- **FUNDING:** [Early action and prevention within Health and Social Care Services](#). (call closing 21/01/2026)
- **FUNDING:** [Continuing areas of research interest to the PHR Programme](#). (call closing: 21/04/2026)