



Welcome to the second YORA newsletter of 2024.

Don't forget to sign up for our April event on [Children & Young Persons](#).

We are also looking forward to inviting you to our YORA in-person conference on Thursday 12th of September at Leeds Beckett Rose Bowl.

UPCOMING EVENTS:

- 24/04/24: YORA - [Children & Young Persons](#). (online, free).
- 24/04/24: Obesity Institute - [Personalised care for children living with complications of excess weight](#) (online, free).
- 05/06/24: University of Hull - [Addressing Obesity in the Modern Age: A Clinical Researcher's Perspective](#) (free, in person).
- 26 - 29/06/24: [International Congress on Obesity - Conference](#) (paid, São Paulo, Brazil).
- 25/09/2024: [UK Congress on Obesity \(UKCO\) 2024](#) (paid, Oxford, UK).
- 25/09/2024: Obesity Institute – [Co-creating Family BYC for South Asian & Black Communities: Lessons Learnt](#) (online, free).

CONTACT US:

For more information please see our [Website](#) / [Twitter](#) account, or get in contact with the programme coordinators: Dr [James Nobles](#) / [Karina Kinsella](#) / [Stephanie Becroft](#).

USEFUL RESOURCES:

- **PUBLICATION:** [The efficacy of sleep lifestyle interventions for the management of overweight or obesity in children: a systematic review and meta-analysis](#) (Jan 2024).
- **PUBLICATION:** [Patient perceptions of three-dimensional \(3D\) surface imaging technology and traditional methods used to assess anthropometry](#) (Jan 2024)
- **PUBLICATION:** [Supporting active engagement of adults with intellectual disabilities in lifestyle modification interventions: a realist evidence synthesis of what works, for whom, in what context and why](#) (Feb 2024).
- **PUBLICATION:** [Is the NHS low-calorie diet programme delivered as planned? An observational study examining adherence of intervention delivery to service specification](#) (Mar 2024).
- **PUBLICATION:** [Co-designing adult weight management services: a qualitative study exploring barriers, facilitators, and consideration for future commissioning](#) (Mar 2024).
- **PUBLICATION:** [Pharmacological interventions for the management of children and adolescents living with obesity – An update of a Cochrane systematic review with meta-analyses](#) (Mar 2024).
- **PUBLICATION:** [Early childhood \(1-5 years\) obesity prevention: A systematic review of family based multicomponent behavioral interventions](#) (Apr 2024).
- **PUBLICATION:** [Validation of remote child weight and height measurements within a weight management trial](#) (Apr 2024).
- **WEBINAR RECORDING:** [World Obesity Day 2024 – Voice of Lived Experience with the Obesity Institute](#) (Mar 2024).
- **ARTICLE:** [Alder Hey: Inside one of first child 'excess weight' clinics](#) (Apr 2024).
- **ARTICLE:** [Sheffield Hallam University awarded £1.5m to evaluate NHS weight clinics](#) (Jan 2024).
- **ARTICLE:** [Leeds Beckett University helping NHS clinics support children with weight-related complications](#) (Jan 2024).