



Welcome to the September 2023 YORA newsletter. We would like to remind you of our **upcoming YORA event: Addressing Weight Stigma in Healthcare & Research on 19/09/23 2-4**. It is a free online event, with a spectacular speaker line up. To register for the event please click [here](#). Prior to attending, we encourage all attendees to take the [Harvard Weight Implicit Association Test \(IAT\)](#), and read the open access article '[How and why weight stigma drives the obesity 'epidemic' and harms health](#)'.

## UPCOMING OPPORTUNITIES:

- **FUNDING:** NIHR Public Health Research Programme (PHR) 23/85 [Commercial determinants of health](#) (Stage 1 deadline: 1pm, 12/12/23)
- **RESEARCH STUDY - CALL FOR ADDITIONAL SITES:** A group-based behavioural intervention for weight management (PROGROUP) versus usual care in adults accessing NHS Tier 3 weight management services for treatment of severe obesity. If you are, or know of a potential suitable additional site - ideally, offering a Tier 3 /4 Weight Management Service or its equivalent, contact Study Co-ordinator: [Jeanette Sanders](#).
- **ADVISORY GROUP:** [Lucy Musson](#), from University of Sheffield, seeks experts to create advisory group for her research into the acceptance and commitment therapy for older people with treatment resistant generalised anxiety disorder.

## CONTACT US:

For more information please see our [Website](#) / [Twitter](#) account, or get in contact with the programme coordinators: Dr [Jordan Marwood](#) / Dr [Alice Bullas](#).

## YORA THEME UPDATE:

### EMOTIONAL EATING

#### **LOUISA ELLS / JORDAN MARWOOD**

Building on our existing work in this area, we have launched a survey to explore the ways in which eating disorder and weight management practitioners and researchers understand the link between obesity and disordered eating. The study has two parts, an [online survey](#) will gather a broad range of views, and these will be followed up with 1:1 interviews, to discuss main themes in more detail. We will also be shortly launching a survey to explore the extent to which eating disorders are screened for with in Tier 2 weight management services.

## UPCOMING EVENTS:

- 14/09: Conference - **Developing an infant and young child feeding in emergencies (IYCF-E) preparedness plan in Ireland** (free, hybrid at Queens Univeristy Belfast, 10-18:00)
- 25/09: **Doncaster's Health Determinants Research Collaboration (HDRC) - Health Research Conference** (free, in person at Waterdale Doncaster, 10-3:30)
- 25/09: **Nutritional Assessment and Preparation for Bariatric Surgery by Dr Shiri Sherf-Dagan** (in person at the Univeristy of Leeds School of Psychology room 2.19, 1-2:00)
- 27/09: South Yorkshire Children and Young People's Alliance - **How do we work together to keep children healthy**. (free, in person at Rotherham United Football Club, 9:30-12:30)
- 29/11: Leeds Beckett University, Obesity Institute - **Food marketing to young people: Impact on diet and implications** (free, hybrid, 13 - 14:00).

## USEFUL RESOURCES:

- **NEW PUBLICATION** (Aug '23): [Hypothalamic volume is associated with body mass index](#). Lay summary available [here](#).
- **NEW PUBLICATION** (AUG '23): [Exploring the relationship between social jetlag with gut microbial composition, diet and cardiometabolic health, in the ZOE PREDICT 1 cohort](#). Lay summary available [here](#).